



SEPTEMBER 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Anne Arundel Services: <ul style="list-style-type: none"> • BF Classes • BF Support Groups • 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant For more information: http://www.aahealth.org/pdf/breast-feeding-resources.pdf		To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator: (410) 222-6797 For Breastfeeding support: (410) 222-0085 {English} (410) 222-0139 {Spanish}		1 North County Breastfeeding Support Group 9:30 am - 11:30 am	2 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	3
4	5	6	7 Annapolis Getting Started with Breastfeeding 5 – 6 pm	8	9 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	10
11	12	13	14 North County Getting Started with Breastfeeding 5-6 pm	15 North County Breastfeeding Support Group 9:30 am - 11:30 am	16 Annapolis Getting Started with Breastfeeding 11 am - 12 noon Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	17
18	19	20	21	22	23 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	24
25	26	27 North County Getting Started with Breastfeeding 10:30 am – 11:30 am	28 North County Getting Started with Breastfeeding 5-6 pm	29 North County Breastfeeding Support Group 9:30 am - 11:30 am	30 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	



OCTOBER 2016

MarylandWIC
Better Nutrition Brighter Future

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2	3	4	5 Annapolis Getting Started with Breastfeeding 5-6 pm	6	7 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	8
9	10	11	12 North County Getting Started with Breastfeeding 5-6 pm	13	14 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	15
16	17	18	19	20 North County Breastfeeding Support Group 9:30 am - 11:30 am	21 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon	22
23/30	24/31	25 North County Getting Started with Breastfeeding 10:30 am – 11:30 am	26 North County Getting Started with Breastfeeding 5-6 pm	27	28 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	29



NOVEMBER 2016

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Better Nutrition Brighter Future

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Anne Arundel Services: <ul style="list-style-type: none"> ☎ BF Classes ☎ BF Support Groups ☎ 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant For more information: http://www.aahealth.org/pdf/breast-feeding-resources.pdf				To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator: (410) 222-6797 For Breastfeeding support: (410) 222-0085 {English} (410) 222-0139 {Spanish}		
		1	2 Annapolis Getting Started with Breastfeeding 5-6 pm	3 North County Breastfeeding Support Group 9:30 am - 11:30 am	4 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	5
6	7	8	9 North County Getting Started with Breastfeeding 5-6 pm	10	11	12
13	14	15	16	17 North County Breastfeeding Support Group 9:30 am - 11:30 am	18 Annapolis Breastfeeding Support Group 9:30 am - 10:30 am Annapolis Getting Started with Breastfeeding 11 am - 12 noon Annapolis	19
20	21	22 North County Getting Started with Breastfeeding 10:30 am – 11:30 am	23	24	25	26
27	28	29	30 North County Getting Started with Breastfeeding 5-6 pm			